**ANANTAVATI**

**120 Tablets**

**REDUSE STRESS AND ENHANCE MENTAL WELL-BEING\***

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| **SUPPLEMENTS FACTS** | | |
| Serving Size 1 Tablet | | |
| Servings per Container 120 | | |
|  | | |
| **Amount per serving** | **% Daily Value (DV)** | |
| **Bacopa**  ***(Bacopa Monnieri)*** | 100 mg | \*\* |
| **Indian Ginseng *(Withania Somnifera)*** | 75 mg | \*\* |
| **Gotu Kola (whole plant)**  ***(Centella Asiatica)*** | 75 mg | \*\* |
| **Calamus (root)**  ***(Acorus Calamus)*** | 60 mg | \*\* |
| **Celastrus (seed)**  ***(Celastrus Paniculatus)*** | 50 mg | \*\* |
| **Morning Glory (root and extract)**  ***(Convolvulus Pluricaulis)*** | 50 mg | \*\* |
| **Indian Madder (root)**  ***(Rubia Cordifolia)*** | 30 mg | \*\* |
| **Jatamansi (rhizome) *(Nardostachys Jatamansi)*** | 10 mg | \*\* |
| \*\* Daily Value Not Established |  |  |

**OTHER INGREDIENTS:** Dicalcium Phosphate, Polyvinylpyrrolidone (PVP K-30), Hydroxypropyl methylcellulose, Titanium Dioxide, Triethyl Citrate, Ethylcellulose, Polyethylene Glycol (PEG-6000), Talcum, Maize Starch, Sodium Benzoate (E211).

**PROPERTIES OF COMPONENTS:**

**Bacopa Monnieri whole plant** has memory enhancing, anti-inflammatory, analgesic, antipyretic, sedative and anti-epileptic effects.

**Withania Somnifera root and leaves extracts** have produced anti-stress and adaptogenic properties, eliminating psychogenic causes of infertility. It enhances testosterone synthesis and also increases sperm concentration and motility.

**Centella Asiatica whole plant** has anti-stress, anti-anxiety and anti-depressant action, improves cognitive functions (random access memory), strengthens emotional control and has a neuro-protective effect.

**Acorus Calamus root** has anti-stress, anti-depressant, anti-convulsant, neuroprotective, anti-oxidant and cardio-protective, hypolipidemic and anti-pasmodic action. Normalizes sleep, helps to restore the nervous system in neurotic disorders.

**Celastrus Paniculatus seed** due to moderate inhibition of monoamine oxidase activity exhibits antidepressant activity, has anti-stress, anti-anxiety, hypolipidemic, anti-oxidant effects and improves mental abilities.

**Rubia Cordifolia root** exhibits anti-stress, anti-anxiety, anti-convulsant action, has neuroprotective and anti-oxidant properties.

**Nardostachys Jatamansi rhizome** has antidepressant, anticonvulsant, nontropic, non-neuroprotective and hydrolipidemic effects. Due to the antioxidant effect and normalization of myocardial excitation processes exhibits cardio protective and anti-arrhythmic properties. It has an anti-anxiety effect by restoring the balance of mediators of nervous system.

**RECOMMENDATIONS FOR USE:** Anantavati designed to promote a healthy response to stress and to help maintain a balanced mood.\*

**SUGGESTED USE:** Adults:Take 1 tablet twice daily with water after meals during the first month and 1 tablet once a day after meals with water after the first month.

Children from 10 to 18 years: 1 Tablet once a day after meals with water.

**DURATION OF USE:** Adults: 1 to 3 Months.

Children from 10 to 18 years: 3 to 4 Months.

**You need 1 package of ANANTAVATI for the full course.**

**MANUFACTURER:**

**ANANTA MEDICARE LIMITED**

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.