

**ANANTAVATI KIDS**  
**Syrup 200 ml**

**SUPPORTS MEMORY AND FOCUS**  
**POMOTES SELF-CONTROL AND HEALTHY RESPONSE TO STRESS\***

<b>SUPPLEMENTS FACTS</b>		
Serving Size 5 ml		
Servings per Bottle Approx. 40		
Amount per serving	% Daily Value (DV)	
<b>Calories</b>	10	
<b>Total Cabohydrate</b>	2 g	1% <sup>†</sup>
<b>Sugars</b>	1.5 g	**
<b>Ashwagandha extract (root and leaf) (Withania Somnifera)</b>	300 mg	**
<b>Bacopa extract (whole plant) (<i>Bacopa Monnieri</i>)</b>	150 mg	**
† Percent Daily Values are based on a 2,000 calorie diet.		
** Daily Value Not Established.		

**OTHER INGREDIENTS:** Sugar, Propylene Glycol, Sodium Benzoate (E211) (Preservative), Fruit Mix Flavor, Xanthan Gum, Citric Acid, Monohydrate, Sucralose & Purified Water.

Contains a source of phenylalanine.

**PROPERTIES OF COMPONENTS:**

**Bacopa Monnieri.** The positive effect and good tolerance of Bacopa Monnieri in children with attention deficit hyperactivity disorder have been established. It reduces impulsivity symptoms, inattention and hyperactivity, as well as improves self-control and attentiveness in passing tests. Bacopa Monnieri is an effective remedy for the prevention and correction of cognitive impairment associated with cerebral ischemia (concentration of attention, memory, perception and analysis of information). In addition, Bacopa Monnieri improves information-processing rate and accelerates decision-making ability. By increasing kinase activity, the active components of Bacopa Monnieri (bacosides) stimulate the restoration of damaged neurons, neuronal synthesis, synaptic activity and the transmission of nerve impulses. The use of Bacopa Monnieri contributes to increase the level of  $\gamma$ -aminobutyric acid in the hippocampus, and exhibits nootropic, antidepressant, anxiolytic, antioxidant, anticonvulsant and anti-inflammatory effects and neuroprotective properties as well.

**Withania somnifera** contributes to reduce the level of stress hormones – cortisone, and increase the level of anti-stress hormone – dehydroepiandrosterone sulphate. Withania somnifera exhibits antidepressant and anxiolytic effects, due to lowering the level of tibulin. Withania somnifera has an adaptogenic effect, reduces the manifestations of stress, as well as exhibits neuroprotective and nootropic actions. Withania somnifera has a positive effect on different sleep parameters, such as acceleration of falling asleep and increase in total sleep duration. It was established that Withania somnifera may act as a growth promoter in children, and is well tolerated. It improves attention, cognitive interest and impulsivity control disorders observed in children with attention deficit hyperactivity disorder.

**RECOMMENDATIONS FOR USE:** Anantavati Kids supports the nervous system, mental performance, concentration of attention, ability to study, information analysis, and cognitive interest. This science-based formula also promotes self-control and a healthy response to stress.\*

**SUGGESTED USE:** Take the syrup orally once a day after meals.

Children 4-6 years old – 5 ml for one serving

Children 7-11 years old – 7.5 ml for one serving

Children over 12 years and adults – 10 ml for one serving

**DURATION OF USE:** Use for 3-6 months. The further period of use and the possibility of repeated courses should be discussed with your doctor.

**You need up to 9 bottles for full course (6 months).**

**MANUFACTURER:**

**ANANTA MEDICARE LIMITED**

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.